**Breakfast**

**DAILY OPTIONS:**
- ♥ V Fresh from Scratch Granola Bars
- V Muffins
- V Whole Grain Bagels
- V Whole Grain Cereal
- V Breakfast Oatmeal Rounds
- Yogurt with ♥ Granola Topping

**WEEKLY FEATURED ITEM:**
- **Monday:** ♥ V Long John
- **Tuesday:** Breakfast Pizza, ♥ V Overnight Oats
- **Wednesday:** ♥ Breakfast Burrito, ♥ V Overnight Oats, ♥ V Sliced Apples w/ Peanut Butter
- **Thursday:** ♥ Breakfast Sandwich, ♥ Overnight Oats, ♥ V Sliced Apples w/ Peanut Butter
- **Friday:** ♥ Ham, Egg and Cheese Bars, ♥ V Sliced Apples w/ Peanut Butter

Breakfast available daily!

Late start Monday breakfast is served at 9:40

Tuesday – Friday 7:40 or 9:35

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**Lunch**

**JR HIGH DAILY OPTIONS:**
- Hamburgers
- ♥ Ham Sandwich
- ♥ Turkey Sandwich
- ♥ Yogurt Parfaits
- ♥ V PB & J (Tuesday only)

**SR HIGH DAILY OPTIONS:**
- Hamburgers
- ♥ Ham Sandwich
- ♥ Turkey Sandwich
- ♥ Yogurt Parfaits
- ♥ Chicken Salad Wrap
- ♥ Flat Bread Sandwich
- ♥ Gourmet Salads

All complete student meals at all Dayton schools are served at no charge.

Additional milk – $0.60

Adult meals - $4.00

**KEY**
- ♥ Locally Grown Products
- ♥ Proudly made from scratch in our kitchen
- ♣ Gluten Free
- ♣ Contains Pork
- ♥ Vegetarian

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**THE GALLEY**

**FEBRUARY 2020**

Dayton Jr/Sr High School

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**FEATURED LUNCH SPECIAL OF THE DAY**

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>3 Corn Dog Chicken Patty Sandwich</td>
<td>4 Pasole Chicken Nuggets</td>
<td>♥ Mashed Potato Bowl ♥ Grilled Ham &amp; Cheese</td>
<td>♥ Chicken Taco Salad ♥ Pirate Pizza Bagel</td>
<td>♣ Pepperoni Pizza ♥ Shark Bites w/ fries</td>
</tr>
<tr>
<td>♥ V Burrito ♥ Luau Sweet &amp; Sour Chicken</td>
<td>♥ Bento Bowl Chicken Nuggets</td>
<td>♥ Oven Fried Chicken w/potatoes, gravy ♥ Pizza Stick</td>
<td>♥ V Bean &amp; Cheese Quesadilla Corn Dog</td>
<td>♥ Pepperoni Pizza ♥ Fish Sandwich w/ cheese</td>
</tr>
<tr>
<td>♥ No School</td>
<td>18 ♥ Italian Dippers ♥ Sloppy Joe</td>
<td>♥ ♥ Chicken Fajita Bowl ♥ Chicken Noodle Soup</td>
<td>20 BBQ Rib Sandwich ♥ Pork Carnitas Tacos</td>
<td>21 ♥ Pepperoni Pizza ♥ Chili Frito Boat</td>
</tr>
<tr>
<td>24 ♥ ♥ Pulled Pork Sandwiches ♥ ♥ Bowl of Chili</td>
<td>25 ♥ ♥ Stromboli ♥ ♥ Macaroni and Cheese</td>
<td>♥ Pigs in a Blanket Chicken Nuggets</td>
<td>27 ♥ ♥ Cheese Quesadilla ♥ Brunch for Lunch</td>
<td>28 ♥ ♥ Cheese Pizza ♥ Fish Sandwich w/cheese</td>
</tr>
</tbody>
</table>

All students receive one breakfast at no charge per day. Students may choose to eat before school or at second chance breakfast served Tuesday-Friday at 9:35

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**Healthy Meals**

Dayton Nutrition Services is aware that school lunches and other food available at this site can make a significant difference in the health of our students now and in the future. We want to help our students make healthy choices and learn eating habits that will benefit them throughout life. All meals include a choice of 1 % white milk or nonfat chocolate milk. All meals include a trip through the variety bar filled with fresh fruit, canned fruit and fresh vegetables. All grain products are whole grain.

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This institution is an equal opportunity provider.